

# Maple Heights Outdoor Track

2019

DAY	DATE	OPPONENT	HOME/AWAY	LOCATION	TIME
Saturday	April 6	Nordonia Knight Relays	Away	Nordonia HS Boliantz Stadium	9:00 AM
Tuesday	April 9	Lorain w/ Warrensville	Home	Maple Heights	4:30 PM
Saturday	April 13	Orville Invitational	Away	Orville HS Red Rider Stadium	10:30 AM
Tuesday	April 16	Warrensville w/ Bedford	Away	Warrensville	4:30 PM
Saturday	April 20	Beachwood Bison	Away	Beachwood HS	9:00 AM
Tuesday	April 23	Cleveland Hts w/ Lutheran East	Away	Cleveland Hts	4:30 PM
Saturday	April 27	Mentor Cardinal Relays	Away	Mentor HS Jerome Osborne Stadium	9:00 AM
Saturday	May 4	Optimus Relays	Away	Austintown	9:15 AM
Wednesday	May 8	LEL Meet	Away	Bedford HS	3:00 PM
Thursday	May 16	District Meet	Away	Mayfield Heights	4:00 PM
Friday	May 18	District Meet	Away	Mayfield Heights	4:00 PM
Wednesday	May 23	Regional Meet	Away	TBA	
Thursday	May 24	Regional Meet	Away	TBA	
Friday	May 25	Regional Meet	Away	TBA	
Saturday	May 26	Regional Meet	Away	TBA	
Friday	June 1	State Meet	Away	TBA	
Saturday	June 2	State Meet	Away	TBA	

## Coaching Staff

Matt Tedrick - Head Coach  
 Theo Washington  
 Asil Ali  
 Lisa Litzinger  
 Robert Slacas  
 Akilah Wright