Conduct of Athletes

1. Athletes may not use tobacco, drugs, or alcohol during the season.

2. An athlete shall not intentionally cause or attempt to cause damage to school or private property. This would include visiting schools as well.

3. All athletes shall follow any individual team rules and regulations for sports they participate in.

4. Treat opponents the way the student would like to be treated.

5. Refrain from taunting, using intimidating behavior, or making derogatory remarks before, during, and after a contest.

6. Accept and understand they represent the school and community during the season.

7. Respect the decisions of game officials.

8. A student may be denied the opportunity to participate in athletics if they are convicted of a crime.

9. Any athlete, who violates the student handbook, will be subject to additional disciplinary action by the Athletic Department.

Penalties

Failure to abide by the before mentioned responsibilities will result in disciplinary action by the Athletic Department. Each case will be considered on an individual basis. When the school believes an athlete’s conduct requires discipline, an athlete may be removed from the team. An athlete may appeal disciplinary action to the Athletic Board.
Athletic Trainer
Maple Heights City Schools employs an athletic trainer that attends all home contests (and away varsity football games). In addition, the trainer is present for office hours Monday through Friday.

In the event of an injury, athletes should see the trainer as soon as possible.

Attendance
Each athlete must attend at least half a day of school in order to participate in an athletic event. Athletes that have an excused absence (ex. funeral or field trip) are permitted to participate.

Athletes who have an out-of-school suspension are not permitted to practice or participate in any athletic activities during their suspension.

Eligibility
An athlete must have five credits the previous marking period. It is strongly recommended that an athlete take a full class schedule.

If an athlete wishes to drop a class, they should see the Athletic Director first to determine if they have enough credits to participate (5 credits) in athletics.

The Principal will decide any problems with eligibility.

Eligibility (cont.)
An ineligible player may practice with the team, but NOT in any contest. The Athletic Director and coach must approve before the student can participate. In the event the athlete becomes eligible (or ineligible) to participate, they will do so on the morning of the fifth day after the marking period.

Equipment/Uniform
Each athlete is responsible for any equipment or uniform issued to them. If an item is not returned, the athlete will be charged with replacing the item. An athlete will not be issued equipment or a uniform again (in any sport) until they have resolved any previous charges.

Injuries
Athletes should see the trainer in the event they are hurt.

If an athlete sees a doctor, they must receive written clearance before they can participate. In the event that an athlete has to be transported to the hospital, the parent(s)/guardian will be notified immediately.

Lettering Guidelines
Football - participate in half the number of quarters in a season.
Cross-Country - defeats opponents 5th person in half the meets.
Volleyball - participate in half of the varsity matches.

Lettering Guidelines (cont.)
Wrestling - wrestle in two varsity matches.
Basketball - participate in half the number of quarters in a season.
Swimming - score in half the number of meets.
Baseball - participate in half of the number of games.
Softball - participate in half of the number of games.
Track - score in half the number of meets.
Cheerleading - must be on the varsity squad.

***If, because of injury in a sport, the athlete can not fulfill the lettering criteria, he/she may be granted a letter at the discretion of the coach and Athletic Director.

Physicals
Each athlete must have a physical on file before they can participate. Physicals are good for one calendar year.

Transportation
Maple Heights City Schools will provide transportation to all athletic events. All athletes must ride on the team bus at all times. The Athletic Director and/or coach may make exceptions.